

**Appendix Table 1. Descriptive Statistics for Females**

	<b>Pre-Pandemic</b>		<b>Post-Pandemic</b>		<b>t-tests</b>	
	<b>Mean</b>	<b>SD</b>	<b>Mean</b>	<b>SD</b>	<b>t-stat</b>	<b>p-value</b>
<b>Mental Health (1-5)</b>	3.808	0.920	3.189	1.014	41.751	0.000
<b>Mental Health Categories</b>						
Mental Health Poor (%)	0.012	0.107	0.048	0.214	13.14	0.000
Mental Health Fair (%)	0.060	0.236	0.202	0.401	26.61	0.000
Mental Health Good (%)	0.287	0.451	0.355	0.478	7.34	0.000
Mental Health Very good	0.389	0.487	0.303	0.459	-8.42	0.000
Mental Health Excellent (%)	0.251	0.432	0.092	0.288	-18.31	0.000
<b>Life Stress (1-5)</b>	2.919	0.904	3.137	0.892	-22.642	0.000
<b>Life Stress Categories</b>						
Not at all stressful (%)	0.066	0.246	0.032	0.177	-6.59	0.000
Not very stressful (%)	0.222	0.414	0.190	0.391	-3.61	0.000
A bit stressful (%)	0.473	0.401	0.439	0.496	-3.28	0.001
Quite a bit stressful (%)	0.203	0.181	0.287	0.452	10.28	0.000
Extremely stressful (%)	0.036	0.904	0.052	0.221	4.61	0.000
<b>Age</b>	44.100	12.760	43.889	15.050	21.392	0.000
<b>Immigrant</b>	0.229	0.420	0.115	0.319	12.094	0.000
<b>Visible Minority</b>	0.208	0.406	0.093	0.291	11.845	0.000
<b>Aboriginal</b>	0.033	0.177	0.034	0.182	1.160	0.246
<b>Rural</b>	0.145	0.352	0.119	0.324	15.911	0.000
<b>Job Loss Categories</b>						
Strongly Agree	0.026	0.161	0.073	0.261	-13.151	0.000
Agree	0.050	0.219	0.100	0.300	-11.616	0.000
Neutral	0.111	0.314	0.147	0.354	-3.271	0.001
Disagree	0.327	0.469	0.251	0.434	9.981	0.000
Strongly Disagree	0.386	0.487	0.422	0.494	-7.861	0.000
<b>Share (%)</b>	11.94	---	56.21	---	---	---
<b>Observations (n)</b>	5,116	---	24,083	---	---	---

**Note:** The pre-Covid data are from the Canadian General Social Survey of 2016. The post-Covid data are from the Statistics Canada Covid-19 Impact Survey.

**Appendix Table 2. Descriptive Statistics for Males**

	<b>Pre-Pandemic</b>		<b>Post-Pandemic</b>		<b>t-tests</b>	
	<b>Mean</b>	<b>SD</b>	<b>Mean</b>	<b>SD</b>	<b>t-stat</b>	<b>p-value</b>
<b>Mental Health (1-5)</b>	3.867	0.918	3.393	1.083	25.401	0.000
<b>Mental Health Categories</b>						
Mental Health Poor (%)	0.010	0.101	0.046	0.211	11.79	0.000
Mental Health Fair (%)	0.051	0.224	0.167	0.373	18.95	0.000
Mental Health Good (%)	0.272	0.445	0.292	0.454	1.85	0.064
Mental Health Very good (%)	0.380	0.486	0.335	0.471	-4.27	0.000
Mental Health Excellent (%)	0.287	0.448	0.160	0.365	-12.07	0.000
<b>Life Stress (1-5)</b>	2.817	0.931	2.953	0.914	-12.974	0.000
<b>Life Stress Categories</b>						
Not at all stressful (%)	0.096	0.292	0.053	0.224	-6.60	0.000
Not very stressful (%)	0.227	0.418	0.245	0.429	1.95	0.051
A bit stressful (%)	0.471	0.499	0.435	0.495	3.17	0.002
Quite a bit stressful (%)	0.175	0.379	0.228	0.419	6.14	0.000
Extremely stressful (%)	0.030	0.169	0.038	0.191	2.14	0.000
<b>Age</b>	43.645	13.303	43.584	14.805	15.021	0.000
<b>Immigrant</b>	0.230	0.421	0.164	0.370	1.028	0.304
<b>Visible Minority</b>	0.211	0.408	0.127	0.333	1.470	0.142
<b>Aboriginal</b>	0.035	0.185	0.024	0.154	6.943	0.000
<b>Rural</b>	0.161	0.368	0.082	0.275	23.347	0.000
<b>Job Loss Categories</b>						
Strongly Agree	0.035	0.184	0.078	0.268	-9.987	0.000
Agree	0.066	0.248	0.106	0.308	-7.474	0.000
Neutral	0.127	0.332	0.145	0.352	-1.953	0.051
Disagree	0.324	0.468	0.237	0.425	10.679	0.000
Strongly Disagree	0.361	0.480	0.432	0.495	-9.866	0.000
<b>Share (%)</b>	12.29	---	19.57	---	---	---
<b>Observations (n)</b>	5,207	---	8,383	---	---	---

**Note:** The pre-Covid data are from the Canadian General Social Survey of 2016. The post-Covid data are from the Statistics Canada Covid-19 Impact Survey.

**Appendix Table 3. Outcomes by Financial Vulnerability**

	Self-rated Mental Health		Perceived Life Stress	
	Vulnerable	Comfortable	Vulnerable	Comfortable
	(1)	(2)	(3)	(4)
<b>Covid-19</b>	-0.143*** (0.023)	-0.170*** (0.011)	0.115*** (0.039)	0.031 (0.020)
<b>Female</b>	-0.051** (0.022)	-0.021*** (0.004)	0.037** (0.018)	0.029** (0.013)
<b>Female × Covid-19</b>	0.003 (0.022)	-0.086*** (0.008)	0.015 (0.025)	0.049*** (0.016)
<b>Age</b>	0.010** (0.005)	0.001 (0.004)	0.021*** (0.004)	0.014*** (0.001)
<b>Age Squared</b>	-0.000 (0.000)	0.000 (0.000)	-0.000*** (0.000)	-0.000*** (0.000)
<b>Immigrant</b>	0.063 (0.074)	0.023* (0.011)	0.005 (0.052)	-0.051*** (0.015)
<b>Visible Minority</b>	0.141** (0.053)	0.037 (0.023)	-0.082** (0.035)	-0.031*** (0.005)
<b>Aboriginal</b>	0.018 (0.036)	-0.018 (0.023)	-0.072 (0.054)	-0.058 (0.051)
<b>Rural</b>	0.049 (0.040)	0.007 (0.015)	-0.022 (0.025)	-0.033* (0.017)
<b>Strongly Agree, Job Loss</b>	0.068 (0.054)	0.025 (0.105)	0.080 (0.076)	0.068 (0.047)
<b>Agree, Job Loss</b>	-0.013 (0.057)	-0.009 (0.020)	0.118** (0.050)	0.014 (0.015)
<b>Disagree, Job Loss</b>	0.083*** (0.029)	0.051 (0.035)	-0.045*** (0.012)	-0.034 (0.020)
<b>Strongly Disagree, Job Loss</b>	0.161*** (0.054)	0.152*** (0.025)	-0.079*** (0.026)	-0.031** (0.013)
<b>Observations</b>	8,384	34,405	8,384	34,405
<b>R-squared</b>	0.056	0.027	0.049	0.024

**Note:** The data are from the Canadian General Social Survey of 2016 and the Statistics Canada survey on the Impacts of Covid-19 on Canadians (ICC-2020). The dummies for province of residence are suppressed to save space. Robust standard errors in parentheses, with \*\*\* p<0.01, \*\* p<0.05, \* p<0.1.